

****The Heart Center Assessment Form****
Helping You Align with Your Highest Path

****Name:**** _____

****Date:**** _____

****Contact Information (Email/Phone):**** _____

****1. What is your primary reason for seeking guidance or healing today?***

(Please check all that apply)

- Emotional healing
- Physical health and energy balance
- Understanding my soul's purpose
- Releasing past trauma (personal or ancestral)
- Connecting to higher spiritual guidance
- Releasing energetic connections (to people, places, things)
- Energetic protection
- Spiritual growth and empowerment
- Cleansing or blessing my home or land
- Other (Please specify): _____

****2. Which of the following resonates most with you at this time?***

(Select up to three)

- **Inner Alchemy Readings:**** Gain clarity and guidance through a personalized reading with my custom Inner Alchemy Oracle Cards. Perfect for quick insight via phone, text, or email.
- **Cosmic Soul Reading:**** Discover your soul's origins and the deeper purpose behind your presence through the Akashic records. Learn about your gifts and soul lineage.
- **REIKI/SHINE Session:**** Realign and harmonize your energy through Reiki, Universal Energy, and Shamanic healing, channeled by the Council of Light.
- **Emotional Releasing:**** Let go of emotional baggage that no longer serves you, freeing yourself for a more fulfilling life.
- **Ancestral Healing:**** Clear and heal unresolved issues from your ancestral lineage, offering deep insight and relief.
- **Soul Retrieval:**** Reclaim lost aspects of your soul through Shamanic drumming and sound healing, restoring your sense of wholeness.

- **Chord Cutting:**** Release negative energetic ties to individuals, places, or experiences that are affecting your well-being.
- **House/Land Clearing & Blessing:**** Clear and bless your home or land, removing negative energy and welcoming positive forces.
- **Energetic Protection Training:**** Learn essential techniques to protect your energy field and maintain spiritual boundaries.
- **Goddess Guidance:**** Connect with divine feminine energy to manifest healing, luck, and empowerment in your life.
- **Priestess Activation Mentorship Program:**** Embark on a 6-month journey of spiritual empowerment and wisdom, guided by ancient feminine teachings.

****3. What do you feel is holding you back from your highest potential?***

(Check all that apply)

- Emotional blockages
- Past trauma
- Uncertainty about life purpose
- Negative energy from others/environment
- Ancestral influences
- Fear of stepping into my power
- Unhealthy energetic connections
- Other (Please specify): _____

****4. Are you looking for:****

- A one-time session
- Ongoing spiritual guidance
- A combination of healing and spiritual development

****5. Is there anything else you'd like to share that might help us better understand your needs?***

****Thank you for taking the time to complete this form!****

I will review your responses and recommend the best path forward for your spiritual growth and healing. Please feel free to contact me at (607)371-1912 with any questions.